

T₂ Shuffling with Partial Fourier Acquisition and Reconstruction

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Target Audience: MRI researchers interested in pulse sequence design and image reconstruction.

Introduction: Volumetric fast spin-echo (3D FSE) imaging is clinically desirable because of its robustness to off-resonance and its utility for obtaining many types of image contrasts at isotropic resolution. Nonetheless, the use of 3D FSE for musculoskeletal imaging remains a challenge due to the loss of apparent resolution (i.e. blurring) from T₂ decay¹⁻². The blurring is a result of signal relaxation during long echo trains that is not accounted for in the reconstruction. Recently, we introduced T₂ Shuffling³, a 3D FSE-based acquisition and reconstruction method that mitigates signal blur and resolves images at multiple contrasts along the signal relaxation curve. T₂ Shuffling uses a randomized view ordering and re-acquires phase encodes throughout the echo train. The 4D data are processed with a compressed sensing reconstruction that constrains the temporal signal evolution to a low-dimensional subspace. In this work we extend the data sampling and reconstruction pipeline to support a partial Fourier acquisition. The partial Fourier constraint reduces the apparent acceleration and enables the use of additional prior information in the reconstruction.

Pulse Sequence Design: The CUBE 3D FSE pulse sequence (GE Healthcare) was modified to re-sample phase encodes at different echo times³. Fig. 1 depicts the echo train view-ordering scheme. The echo times are segmented into M batches and a variable-density Poisson disc sampling pattern is generated for each of the M batches. For the m^{th} sampling pattern, a sliding window is moved until T/M points are selected, where T is the echo train length. These points are randomly ordered to form the m^{th} segment of one echo train. This is repeated until all points are covered, and the procedure continues with the next sampling pattern. The parameter M controls the re-sampling redundancy in k - t space. To support fractional k-space coverage, the acceleration factor of each sampling pattern is reduced by the partial Fourier fraction and masked in the portion of k-space not to be acquired.

Reconstruction Algorithm: The forward model is $y = E\theta x$, where x is the time series of real-valued, positive images, θ is the smooth image phase (estimated from a central calibration region in the first echo), and E is the ESPIRiT⁴ encoding operator. The model is relaxed, and the signal is approximated by $x = \Phi\alpha$, where Φ is a pre-determined temporal basis^{3,5} of dimension K and α are the temporal image coefficients. Fig. 2 shows the reconstruction formulation. The time series of images are constrained to be real and positive, and locally low rank regularization⁶ is used to exploit spatial correlations in the temporal coefficients.

Experiments: We extended the numerical brain phantom developed by Guerquin-Kern et al.⁷ to incorporate T₁ recovery and T₂ relaxation. The phantom was used to compare varying degrees of sampling redundancy and fraction of acquired k-space. Under IRB approval and informed assent, a pediatric patient's knee was scanned using the T₂ Shuffling pulse sequence (TR/TE = 1400/6 ms, ETL=80, 8 coils, 7 min. 30 sec. scan time) with 0.6 fractional k-space coverage. The sampling patterns used a redundancy batch size of $M = 8$. The data were reconstructed ($K = 4$) into 78 virtual echo time images as outlined by Fig. 2, with the phase/positivity constraint only for partial Fourier. The reconstruction was implemented using BART⁸.

Results and Discussion: Fig. 3 shows the reconstruction of the numerical phantom at the 5th virtual echo time without and with partial Fourier acquisition. Fig. 4 shows the in vivo reconstruction at the 5th (21 ms) and 30th (90 ms) virtual echo times. The use of partial Fourier acquisition and reconstruction further constrains the signal evolutions and reduces residual incoherent aliasing artifacts. The method can be used to trade off scan time and SNR.

Conclusion: A partial Fourier acquisition reduces incoherent artifacts for T₂ Shuffling and brings multi-contrast 3D FSE within reach of clinical utility.

References: [1] Busse, MRM, 2008; 60:640-49. [2] Tariq, ISMRM 21,1664, 2013. [3] Tamir, ISMRM 23, 3399, 2015. [4] Uecker, MRM, 2014; 71:990-1001. [5] Huang, MRM, 2013; 70:1026-37. [6] Zhang, JMRL, 2013, doi:10.1002/jmri.24551. [7] Guerquin-Kern, MRM, 2012; 32:626-636. [8] BART: 10.5281/zenodo.31907.

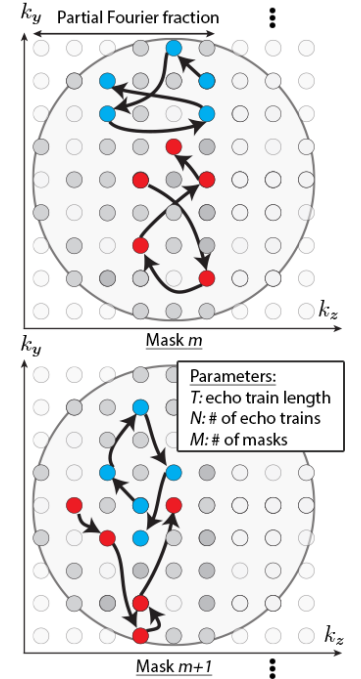


Fig 1. A series of sampling patterns are used to generate randomly shuffled echo trains. The blue (resp. red) phase encodes are chained to form echo trains.

$$\begin{aligned} & \underset{\alpha}{\text{minimize}} && \frac{1}{2} \|y - E\Phi\alpha\|_2^2 + \lambda \sum_r \|R_r(\alpha)\|_* \\ & \text{subject to} && \Phi\alpha \in \mathbb{R}_+^n \end{aligned}$$

a : Temporal image coefficients
 y : Measured data E : Encoding operator
 Θ : Image phase Φ : Temporal basis
 $\|R_r(\cdot)\|_*$: Block-wise nuclear norm

Fig 2. Reconstruction Formulation.

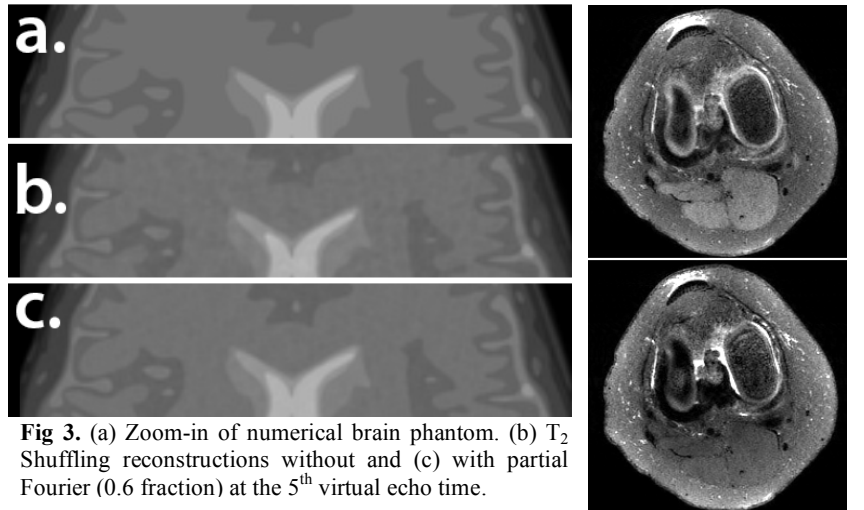


Fig 3. (a) Zoom-in of numerical brain phantom. (b) T₂ Shuffling reconstructions without and (c) with partial Fourier (0.6 fraction) at the 5th virtual echo time.

Fig 4. In vivo T₂ Shuffling reconstruction with partial Fourier fraction of 0.6 at 5th and 30th virtual TEs.